

WHAT TO DO IF YOU SUSTAIN A BODY FLUID EXPOSURE

**Sharps injuries, cuts,
abrasions and bites**

**Splashes into eyes,
mouth or over wound
or non intact skin**

Carry out first aid

Encourage to bleed, wash with
soap under running water,
cover with dressing

Carry out first aid

Wash with copious amounts of
water, if wearing contact lenses
wash before and after removing

Inform your supervisor/line manager

If within 1 hour travelling distance, attend Guy's and St
Thomas' Occupational Health Service otherwise attend your local
Hospital Emergency Department **AS SOON AS YOU CAN**

NORMAL WORKING HOURS
Monday - Friday 09.00 – 17.00
(excluding bank holidays)

If within 1 hour travelling distance,
attend Guy's and St Thomas'
Occupational Health Service
3rd Floor, The Education Centre
75-79 York Road
London SE1 7NJ

A risk assessment will be undertaken by
OH Nurse. Vaccination/treatment will be
offered if required.

**OUT OF NORMAL WORKING
HOURS OR MORE THAN 1 HOUR
TRAVELLING DISTANCE OF
GSTT OHS**

**Attend local Hospital Emergency
Department**

Inform triage nurse that you have
sustained sharps injury/exposure to
blood or body fluid. A risk
assessment will be undertaken by
the Emergency Department team.

Vaccination/treatment will be offered
if required.

**Source (e.g. patient) personal details
which will assist with the risk assessment
(if known):**

- Name, Date of birth
- Current location
- Ethnic origin & country of birth
- Past or present IV drug use
- History of blood/plasma transfusion
- Sexual history (i.e. past or present high risk sexual behaviour)
- Sexual partner at risk of Hep B/C, HIV
- Past or present commercial sex work

On the next working day:

Contact Guy's and St Thomas'
Occupational Health Service to
arrange follow up
OHS_contracts@gstt.nhs.uk